



Your ideal lifestyle

The KonMari Method™ is about more than getting organized. It's about creating a home that supports the life you want to live.

Take a few minutes to envision your ideal lifestyle. Dream, reflect, and write whatever comes to mind.

1

How do you want your home to feel?

What do you want to feel when you walk through the door? How do you want others to feel in your home? *Circle the words that feel like home, and add your own.*

Calm

Peaceful

Welcoming

Light

Cozy

Joyful

Organized

Restful

Warm

Airy

Inviting

Free

When I walk through the door, I want to feel

When others visit, I want them to feel

2

What do you want your home to look like?

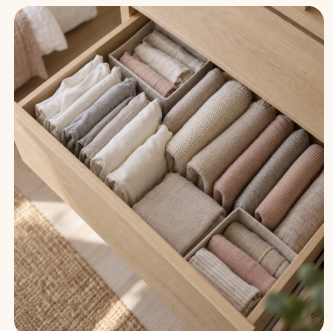
Picture your ideal home. What would your living spaces, kitchen, closets, and drawers look and feel like?

Living spaces

Kitchen

Closets

Drawers



What would be different from the way things are today?

3

What is your ideal day, from dawn to dusk?

Imagine your perfect day. How would you spend your time? What would bring you joy?



☀ Morning

☀ Midday

☀ Afternoon

🌙 Evening

4

Something to think about

What do you wish you had more time, space, or energy to do?

More time to

More space to

More energy to

Meg's tip: after each answer, ask yourself "why?", and then ask again. "I want my home to feel organized" becomes "...so I can find things easily, and have more peaceful mornings with my family." The more specific, the better!

We're not just making room in your home.
We're making room for the life you want to live.



☒ Your ideal lifestyle ☐ Clothes ☐ Books ☐ Papers ☐ Komono ☐ Sentimental

The first step of your tidying festival, done.